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Biography

In the words of www.artistovation.com, "Ange&Ris are a 2-girl team. Influenced by the keys of Tori Amos, haunting melodies of Sarah McLachlan and fresh grooves of Dido, they produce a melded, feminine, captivating sound. Poetic lyrics pour from their fascination with Jesus, Tozer, C.S. Lewis, and T.S. Elliot, as well as the faces of people in their daily lives. Imagine intense keyboarding and vocal harmonies coming together with creative beats and aesthetic, subtle electronica."

Angela Sheik and Larisa Forest are two musicians who didn't listen to much popular music growing up. It is no use mentioning names of mainstream musicians from 1900 - 1990 to them. However, their sheltered beginnings have helped them to discover their own unique sound; creative and beautifully uncanned.

Ange&Ris have been working together since 2003. They recently finished their first full-length, professionally recorded album, entitled "...not me," in July 2007. They are regular performers in the Philadelphia area, and tour throughout the east coast.

Instrumentation

Ange, vocals, keyboard, flute, computer loops and effect pedals, percussion

Ris, vocals, keyboard, computer loops and effect pedals, percussion

Can perform as duo, with drum set, or with full band.

Full band also includes:

Nick Kowalski, drums

Julian Kopano, bass

Csilla Lakatos, cello

Discography

EP: "...not me" released 2007

demo: released 2004

All tracks from "...not me" now airing on 93.7 WSTW's Hometown Heroes, 91.3 WVUD Voice of Delaware, Pandora Radio www.pandora.com, and WYEP Pittsburgh.

"Newborn" and "In the Park" ranked 1st and 2nd place consecutively in Delaware Online's "Indie/Pop Rock" Make the Charts contest for September 2007.

Live performances on 93.7 WSTW's Hometown Heroes and 91.3 WVUD Voice of University of Delaware

For complete list of stages and artists that Ange&Ris have performed with, please visit www.angeandris.com/gigs.html